



Pediatric Associates of Alexandria

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This is a list of providers PAA commonly recommend; some take insurance and some do not. Please also see psychologytoday.com or check with your insurance company.

Counseling Resources

George Mason University Center for Psychological Services	703-993-1370
Child and Family Associates	703-533-3930
Mindwell	703-378-7998
Alexandria Place Therapy	703-963-4261
Counseling of Alexandria	703-650-9195
Crescent Counseling	571-414-9645
Thriveworks (Online Only)	571-621-7741
Active & Connected Family Therapy	434-202-4080
Alive! Rehab & Counseling LLC	703-646-8806
Dr. Goldberg & Associates	703-935-0058
Harmony Psychotherapy Center	703-583-7504
Sarah Briggs & Associates	571-999-4251
Seven Corners Psychotherapy	703-583-7504
Backpack Healthcare (Online Only)	866-968-6342
Behavior Therapy Center of Greater Washington (OCD, CBT)	301-593-4040
The Center for Anxiety and Behavioral Change	703-908-1020
River Grove Therapy	301-941-7086
Meister Psychology Grp (Anxiety, ADHD, Phobias) Hannah@meisterpsychologygroup.com	202-370-1899
Alpha Omega (Catholic) info@aoclinic.org	301-767-1733
Potomac Center	703-379-7350

Healthkeepers Plus Medicaid Therapists

All Community Service Boards (see page 2)

www.hellobackpack.com (online only)

www.healthymindstherapy.blog

www.safeharborbc.com

www.kingstowneinternalmedicine.com

www.chaostoclaritycounseling.com

www.aboutfacellc.com

www.walstonehealthservices.org

PAA is not affiliated with these businesses and does not receive financial benefit for recommending patients to these practices.

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Local School Districts Hazel.co (Online Only) collaborates with several local school districts to provide free therapy for students.

Alexandria <https://www.acps.k12.va.us/families/hazel-health>
Arlington (High School Only) <http://www.apsva.us/mental-health/virtual-therapy-with-hazel-health/>
Fairfax (High School Only) <https://www.fcps.edu/teletherapy>
PG County, MD <https://getstarted.hazel.co/district/pgcps>

Group Therapy

The Wise Family www.thewisefamily.com/services/group-therapy/
Alexandria Place Therapy www.alexandriaplacetherapy.com/services/group-therapy/
Sunstone Counseling www.sunstonecounselors.com/services/group-counseling/

Social Skills Resources

Stepping Stones 703-876-8480 www.insteppc.com
Jewish Social Service Agency www.jsa.org/socialskillsgroups
Social Beginnings 888-344-5977 begin@verbalbeginnings.com
Child & Family Associates of Greater Washington, LLC (CFA) 703-533-3930 ext 1

Executive Function Coaching:

Executive Function Coaching
The Study Pro: thestudypro.com
Education Connections: ectutoring.com
Learning a la Carte: learningalacarte.com
E2 Essig Educational Group: essigeducationgroup.com
Douglas Fagen, PhD: dougfagenphd.com (also can do psychoeducational testing)

Counseling and Psychiatry

Columbia Associates in Psychiatry 703-841-1290
Fairfax Mental Health and Wellness 703-896-7628
Dr. Nauf Azad: Mental Wealth 202-791-4892
Bloom Health Centers 703-775-4842

Grief and Trauma Counseling

Wendt Center for Loss and Healing 202-624-0010
Gil Institute of Trauma 703-560-2600

Community Service Boards

Arlington CSB Children's Behavioral Healthcare 703-228-1560
Alexandria CSB Behavioral Health Services for Children and Families 703-746-3535
Fairfax-Falls Church CSB Behavioral Health Services for Children, Youth & Families 703-228-1560
Prince William CSB Manassas 703-792-7800
Price William CSB Woodbridge 703-792-4900